

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Birthdays:
Al K. (9)
Grace (20)
Marie (29)

September 2023

LTC Calendar

| | | | | | | | | |
|---|--|--|--|---|--|--|-----------------------|---|
| | | | | | | 9:30 Patio Time 11:00 Chair Exercises 1:30 Card Games 2:30 Happy Hour | 1 Activity packets | 2 |
| 3 Visits from Deacon | 4 9:30 News & Devotions 11:00 Mystery Monday 1:30 Qwirkle 2:30 Balloon Volley Labor Day | 5 9:30 IN2L- Sept. Trivia 10:00 Book Club 11:00 Fitness Fun/DR 2:15 Bingo/DR | 6 9:30 Manicures & hand massages/PR 11:00 Chair Yoga/DR 1:30 Pumpkin craft w/ Jess 2:30 Would you rather? & Popcorn Social | 7 9:30 Sit & Stretch 10:00 Dominoes 11:00 Bible Study 1:30 Axe Throwing 2:30 Word Power | 8 9:30 M & M Game 11:00 Chair Exercises 1:30 Kings Corner 2:30 Banana Split Social | 9 Iowa/ISU Game Tailgate | | |
| 10 Visits from Deacon Grandparents Day | 11 9:30 News & Devotions 11:00 Mystery Monday 1:30 Rock painting 2:30 Make cake pops | 12 9:30 IN2L- cranium crunches 11:00 Fitness Fun/DR 2:15 Bingo/DR *Fishing Outing to Jester Park | 13 9:30 Manicures & hand massages/PR 11:00 Chair Yoga/DR 1:30 Name 5 Game 2:30 Bowling | 14 9:30 Sit & Stretch 10:00 Dominoes 11:00 Bible Study 1:30 Sing-Along 2:30 Let's get crafty | 15 9:30 Patio Time 11:00 Chair Exercises 1:30 Card Games 2:30 Music- Starduster Trio | 16 2:30 Table Games Oktoberfest Begins | | |
| 17 3:00 Grace Brethren Church of Dallas Center | 18 9:30 News & Devotions 11:00 Mystery Monday 1:30 Qwirkle 2:30 Balloon Volley | 19 9:30 IN2L- brain games 10:00 Book Club 11:00 Fitness Fun/DR 2:15 Bingo/DR | 20 9:30 Manicures & hand massages/PR 10:30 Music w/ Pat 1:30 Chair Yoga/DR 2:30 Seated Line Dancing | 21 9:30 Sit & Stretch 10:00 Dominoes 11:00 Bible Study 1:30 Axe Throwing 2:30 Word Power | 22 9:30 M & M Game 11:00 Chair Exercises 1:30 Kings Corner 2:00 Oktoberfest Social | 23 1:00 Pet Therapy with LiLi Autumn Begins | | |
| 24 Visits from Deacon | 25 9:30 News & Devotions 11:00 Mystery Monday 1:30 Men's Group 2:30 Baking Club | 26 9:30 IN2L- noggin' joggin' 10:00 Book Club 11:00 Fitness Fun/DR 2:15 Bingo/DR | 27 9:30 Manicures & hand massages/PR 11:00 Chair Yoga/DR 1:30 Popcorn Social 2:30 Resident Council | 28 9:30 Sit & Stretch 10:00 Dominoes 11:00 Bible Study 1:30 Sing-Along 2:30 Let's get crafty | 29 10:00 Grief Support Group 11:00 Chair Exercises 2:00 KBV's Walk to End Alzheimer's 3:00 Movie & Popcorn | 30 10:00 Flavors of Fall | | |